

MARRIAGE, FAMILY LIFE, & MENTAL HEALTH

TAPE/CD CATALOG

The following tapes/CD’s address concerns one often faces in life. They have both spiritual and educational value. All are of Bible studies or talks given by Apostolic Christian ministers.

The price of each tape/CD: $2.00

Please indicate on order form whether you want tapes or CD’s

TAPES/CD’S ON RELATIONSHIPS AND COMMUNICATIONS

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<td></td>
<td>T101</td>
<td>UNITY IN THE HOME, John Leman 06/14/94</td>
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<td>T102</td>
<td>COMMUNICATION AND EXPECTATION, John Reinhard 08/13/85</td>
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<td></td>
<td>T103</td>
<td>COMMUNICATION IN MARRIAGE, Robert Pflederer 04/21/90</td>
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A structured presentation that focuses on husband/wife relationships and children/parent relationships. Examples are given on ways to communicate with our children and to be good examples.

This is a very structured presentation regarding communication skills. Attention is given to the parts of communication, the five levels of communication, the levels of communication most commonly used and why communication breaks down. It talks about how our expectations impact our ability to communicate and how to deal with communications that have failed. A three point plan for improving communication is given (LOW VOLUME).

This tape examines many issues related to improving communication within a marriage. Topics include: oneness, male/female distinction, needs, roles, submission, openness, ministering, speaking, listening, and behavior. Communication with God is also emphasized.

TAPES/CD’S ON FAMILY WORSHIP

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<tr>
<td></td>
<td>T202</td>
<td>OUR STRENGTH IN A CHANGING WORLD, Tom Hoffman 06/11/90</td>
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<td></td>
<td>T203</td>
<td>FAMILY WORSHIP, Chuck Sauder 01/85</td>
<td>$______</td>
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<td>T204</td>
<td>PARENTING AND FAMILY WORSHIP, Earl Ringger 03/03/93</td>
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<td>T205</td>
<td>YOUR RESPONSIBILITY IN THE FAMILY, Glenn Dill 02/06/87</td>
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A presentation on the value of the church family in times of great trial. Examples are given on how our present world has changed from years ago and the effect these changes have made on us. (THIS TAPE IS BLANK ON SIDE B.)

An exhortation that encourages parents to be good examples in what they say and do. Family devotions and supporting the church are stressed.

A structured presentation that focuses on parent/child relationships. Examples of conflict resolution are given. The Bible as our standard is stressed.

A structured topical Bible study presentation that focuses on the value of the family in preparing children for the future. It stresses the need for each family member to appreciate each other and allow for mistakes. Strong emphasis is placed on trusting in God’s help.
The credibility of God and the Bible as being central to child rearing is the basis for this tape. The importance of family worship time, Bible reading, prayer, daily family communication, and church involvement is addressed in a practical, motivational manner. The points are supported with statistics and personal situations.

This is a structured discussion on the importance of family worship. Family time, setting priorities and Bible teaching are central themes. Personal examples are used to clarify points.

### TAPES/CDS ON FINANCES

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<tr>
<td></td>
<td>T301A &amp; T301B</td>
<td>PERSONAL FINANCIAL PLANNING</td>
<td>Marshall Heinold, 01/24/86</td>
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A two-tape talk on financial planning. Talks about stewardship, responsibilities, indebtedness and common sense. Don't spend more than you make, pay God, yourself and all obligations. Be careful of credit cards.

### TAPES/CDS ON MARRIAGE AND THE FAMILY

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<td>T401</td>
<td>FAMILY, Steve Rinkenberger 03/13/87 $______</td>
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This tape speaks about today's weakened family and why this is in opposition to what the Bible teaches. Focuses on the goals of family life and what the Bible teaches about accomplishing these goals.

### TAPES/CDS ON MARRIAGE AND THE FAMILY

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<td>T402</td>
<td>MAINTAINING THE FAMILY UNIT, Jaye Rinkenberger 01/23/87 $______</td>
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A focused and instructional presentation to parents concerning priorities, unique roles of mother and father and self-examination of the health of one's family and marriage. Outlines and compares designed family vs. decaying family vs. maintaining family. Specific challenge to fathers in the survival of the family and the Judeo-Christian western culture.

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T403 PREPARING OUR YOUTH FOR THE PATH, Ted Witzig 03/04/94 $_______

Challenging message and teachings for parents and children. Practical examples of problems and solutions are presented along with scripturally referenced guidelines for establishing principles and habits for family structure and behavior.

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T404 THE VALUE OF THE FAMILY, Jim Plattner 06/12/92 $_______

Structured presentation and exhortation in two parts: marriage and parenting. Discussion of marriage union, male-female role differences and balancing work and home. Practical examples and tools for discipline, structure, values, teaching, and modeling. Challenges to parents and children for a Godly household.

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T405 CHRIST'S COUNSEL FOR TODAY'S FAMILY, Floyd Schmidgall 06/14/90 $_______

General but structured exhortation on four components of successful Christian life:
1. How to think of God Psalm 23
2. God's rules for living Ten Commandments
3. How to talk to God Lord's Prayer
4. The keys to the Kingdom Beatitudes

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T406A & T406B THE SEASONS OF MARRIAGE 07/22/95 $_______

A two tape set.
This five-topic series of presentations was made at a gathering for married couples in Champaign, IL for the purpose of examining and strengthening relationships in marriage and with the Lord.

Becoming Friends
Dale Eisenman
Laboring Together Dewayne Dill
Resolving Conflict Dennis Rassi
Cultivating Intimacy Dennis Kaufmann
Leading the Family into Spiritual Health Jaye Rinkenberger

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T407 DANGERS IN THE FAMILY, Ken Hoerr 03/01/95 $_______

Detailed examination and statistics on family breakdown and efforts of government and church to help. Explanation of how degradation in secular society affects believers. Identifies hazards and influences that pose danger. Survival warning for the end times. Frank discussion of divorce and abuse and its effects on children and avenues to seek help.

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T408 A FATHER'S RELATIONSHIP IN THE HOME TO CHILDREN 06/15/94 $_______

Mike Rieker
A discussion of a man's role in the family based on Ephesians 5. Outlines roles as individual, husband, father, grandfather and gives aspects of each role. Emphasis on demonstrating fruit of the spirit, remembering first love, creating special and memorable time within the family. Uses many examples from personal experience.

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T409 FAMILY, Joe Braker 03/13/86 $_______

A presentation on the value of God's family and our own personal family. Compares our family backgrounds to those in today's society that produce "throw away" children.

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T410 THE FAMILY WORKING TOGETHER, Bruce Hohulin 04/06/94 $_______

A presentation comparing the personal family of dad, mom and children with the spiritual family of God, Christ and the church. Has many good personal experiences that young people can relate to.

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T411A & T411B SAILING THE SEAS OF MARRIAGE 01/12/94 $_______

A two tape series/ 3 CDs
CHRIST AS THE CENTER, Nile Bucher
Discussion of Biblical responsibilities of husbands and wives to each, individually, make Christ the center of their lives and marriage.

COMMITMENT, Steve Frauhiger
Discussion of building commitment to God, wife and family. Scriptural references and teachings on building commitment and the blessings of being committed.

COMMUNICATION, Robert Meyer, Jr.
A discussion of levels or types of communication and how they relate to marriage. A discussion of barriers to good communication in marriage. A discussion of do's and don'ts for good communication.

CONTENTMENT, Doyle Frauhiger
This is a brief discussion of things which decrease contentment, the importance of avoiding comparisons, and discussion of how men's natures work against being content.

___ T412 MARRIAGE, Robert Pflederer 01/12/85 $_____
A structured and focused presentation based on oneness in marriage. A review of necessary components for a successful marriage (goals and purposes, individual requirements, love, communication). Emphasizes communication and relationships.

___ T413 THE ROLE OF A CHRISTIAN WOMAN, Edwin Ringger 04/01/87 $_____
This is a general exhortation which addresses the Christian woman's influence in encouraging her husband and her impact on the marriage and development of her children.

___ T414 HUSBAND-WIFE RELATIONSHIP, Dave Wiegand 10/20/90 $_____
A structured exhortation on marriage. Scriptural basis for the foundation, establishment and maintenance of marriage are provided. Good examples illustrate the various points. Focus is on marriage enrichment.

___ T415 PROBLEMS IN MARRIAGE, Bob Meyer, Sr. 04/21/90 $_____
Mutual submission is presented as the key to avoiding and resolving marital problems in his practical, instructional tape. Emphasis is given to gaining knowledge and applying skills to increase understanding and support of the needs of each spouse.

___ T416 ROLES OF HUSBAND/WIFE, Jaye Rinkenberger 04/21/90 $_____
This motivational tape explores the responsibilities and opportunities within the Biblical roles of husbands and wives. Allegories are provided to aid in comprehending the need for and distinction of the roles.

___ T417 RESTORING BROKEN RELATIONSHIPS, Everett Hari 04/21/90 $_____
Expectations assumptions and experiences are at the core of what each spouse brings into a marriage. These sometimes lead to difficulties within the marriage relationship. This tape provides a practical list of do's and don'ts in dealing with those difficulties. A solution-focused approach is encouraged in restoring the relationship.

___ T418 SPIRITUAL HEAD OF HOUSEHOLD, Dale Eisenmann 01/22/86 $_____
This tape starts with a presentation of the Godly order of mutually supportive husband/wife roles. The focus then turns to the husband with discussion of the attributes of manhood, societal pressures faced by men and the importance of servant leadership. The importance of the husband's leadership role with specific practical suggestions is emphasized throughout.

___ T419 RELATIONSHIPS IN MARRIAGE, Dale Eisenmann $_____
This tape offers concrete strategies for improving marriage relationships and communication. The importance of faith in successful marriages is emphasized. Key components include: attitude, husband/wife differences and roles, negative influences, and communication do's and don'ts.

___ T420 DISTINCTIVELY MALE & DISTINCTIVELY FEMALE
Robert Pflederer 01/05/94 $_____
This tape focuses on male/female differences in the areas of needs, talents, appearance, function, and emotions. These God-ordained differences are designed to provide a complete reflection of God and should be viewed with mutual respect. The conflict involving these Biblical distinctions and the worldly messages is explained. Some research and statistics support this practical presentation.

___ T421 MARRIAGE, Chuck Hemmer 09/18/92 $______

This tape provides some practical applications to the keys of keeping a marriage together. These keys include: prayer, family worship, love, approval, respect, communication, and submission. The importance of unconditional love and warnings against divorce are also presented.

___ T422 DUTIES TO OUR HUSBAND OR WIFE, Dennis Kaufmann 1992 $______

This tape provides a structured and motivational view of the distinct espousal duties within a marriage. Ideas on the attributes of typical males and females are shared. The responsibilities of each spouse is then presented.

TAPES/CDS ON CHILDREN AND PARENTING

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___ T501 LOVE VS. LUST, Jaye Rinkenberger 08/04/87 $______

This tape addresses adolescents of high school age. It focuses on the temptations young people experience as they move through these years. It talks pointedly about sexual struggles and God's solutions for these struggles.

___ T502 THE FAMILY UNIT AND PARENTING, Everett Hari 11/09/90 $______

General overview with specific examples and statistics on the status of the teens and the family today. Parenting advice from the Bible. Subtopics include: communication, developmental stages, discipline, sibling rivalries, individual uniqueness, parenting hazards and a variety of teen issues and values.

___ T503 TRAIN UP A CHILD, Robert Pflederer 02/10/89 $______

Focused and structured presentation on the goals, attitudes, responsibilities and tasks of Christian parenting. Scriptural references for each point. Brief overview of discipline, developmental stages and sexual development.

___ T505 PEER PRESSURE, Ted Witzig 09/25/92 $______

This is a structured presentation regarding peer pressure - all kinds, good and bad. It advances Biblical principles to help in dealing with peer pressure.

___ T506 FAMILY PRINCIPLES, Ken Hoerr $______

This is a structured presentation regarding family principles. It includes statistics about different kinds of families and family concerns. Principles of family development for fathers, mother and children are presented. Also presented are six threats to family survival.
TAPES/CDS ON MENTAL HEALTH

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<td>T602</td>
<td>SELF-WORTH, Ed Schwartz 03/16/94</td>
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|     |        | A focused talk about two major ways one can develop a sense of self-worth:  
1. by what we accomplish  
2. by our relationship to God.  
Discusses various destructive things we do because of low self-worth. Gives suggestions for improving self-worth. |
|     | T603   | LONELINESS, Robert Pflederer 03/27/87 | $_____ |
|     |        | This tape looks at the various causes of loneliness, why we experience it and how we can avoid it. It is focused and scriptural. |
|     | T604   | STRESS, Robert Pflederer 04/23/82 | $_____ |
|     |        | Biblical references on how to manage stress are presented. There is a worksheet that accompanies this presentation. *(THE TAPE IS BLANK ON SIDE B.)* |
|     | T605   | DEPRESSION: A TIME TO WEEP AND A TIME TO LAUGH, Ron Messner 06/07/94 | $_____ |
|     |        | This tape focuses on depression within a spiritual context. It gives symptoms of depression and differentiates among medical, spiritual, and psychological depression, their causes and how to treat. Presents the concept of false guilt. |
|     | T606   | CONTENTMENT, Edwin Ringger 12/07/94 | $_____ |
|     |        | General exhortation on how attitude is the key to contentment. Identifies destroyers of contentment: disobedience, guilt, incorrect response to authority, comparing among ourselves, lack of communication and self-pity and blame. |
|     | T607   | STRESS, John Reinhard 02/02/88 | $_____ |
|     |        | A structured and focused presentation on stress. A review of statistics and facts about stress. A discussion of stress which is a result of life changes and stress which is chronic. Biblical teachings and examples in dealing with stress. Practical advice on how to deal with stress. |
|     | T608   | DEPRESSION, Loren Stoller | $_____ |
|     |        | A focused discussion of discouragement and depression and how it is related to stress. Discussion of biological and psychological causes. Discussion of Biblical principles to combat stress and depression (avoid coveting, see God's love and care for us, recognizing how God values us having self-esteem). Dealing with anger and bitterness. Practical suggestions are given on ways to combat depression. |
|     | T609   | OUR CROSS, Duane Kilgus 02/01/95 | $_____ |
|     |        | This is a fairly structured presentation about the burdens and difficulties that people have in their lives. Brother Duane draws largely from his own experience with a spinal cord injury. He addresses the importance of the church in helping individuals bear their burdens. |
|     | T610   | HAPPINESS IN MARRIAGE, Dennis Kaufmann 01/31/92 | $_____ |
|     |        | The importance of using time wisely and of handling time pressures appropriately is stressed in this tape. Patience, endurance, and a heavenly focus are viewed as keys to dealing with anger and promoting happiness. Concepts apply to married and single believers. |
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